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# Improved neuron culture using three-dimensional PDMS micro-lattices

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**Abstract:** Tissue engineering strives to create functional components of organs with different cell types *in vitro*. One of the challenges is to fabricate scaffolds for three-dimensional (3D) cell culture under physiological conditions. Of particular interesting is to investigate the morphology and function of the central nervous system (CNS) cultured using such scaffolds. Here, we used an elastomer, polydimethylsiloxane (PDMS), to produce lattice-type scaffolds from a photolithography defined template. The photomask with antidot arrays was spin-coated by a thick layer of resist and downward mounted on a rotating stage at angle of 45 °. After exposure for three or more times keeping the same exposure plan but rotated by the same angle, the photoresist was developed to produce a 3D porous template. Afterward, a pre-polymer mixture of PDMS was poured in and cured, followed by a resist etch, resulting in lattice-type PDMS features. Before cell culture, the PDMS lattices were surface functionalized. Culture test has been done using NIH-3T3 cells and primary hippocampal cells from rats, showing homogenously cell infiltration and 3D attachment. As expected, a much higher cell number was found in 3D PDMS lattices than in 2D culture. We also found a higher neuron to astrocyte ratio and a higher degree of cell ramification in 3D culture compared to 2D culture, due to the change of scaffold topography and the elastic properties of the PDMS micro-lattices. Our results demonstrate that the 3D PDMS micro-lattices improve the survival and growth of cells as well as the network formation of neurons. We believe that such an enabling technology is useful for research and clinical applications including disease modeling, regenerative

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32 medicine, and drug discovery/drug cytotoxicity studies.

33 **Keywords:** Biofabrication, Scaffold, PDMS lattice, Cell culture

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35    **1. Introduction**

36        Cell adhesion, migration, proliferation and differentiation are guided by topographic and  
37 biochemical cues, which can now be engineered *in vitro* by sophisticated technologies [1]. The  
38 previous studies, however, were mostly devoted to the two-dimensional (2D) patterns using  
39 photolithography, soft-lithography, nanoimprint lithography and similar techniques [2-4].  
40 Alternatively, non-lithographic techniques such as electrospinning, solvent casting, particulate  
41 leaching, etc. have been used to produce stochastic scaffolds [5-7]. More recently, 3D plotting [8-11],  
42 fused deposition molding [12, 13], stereo-lithography [14-16], self-propagating photopolymer  
43 waveguide processing [17-20], etc., are emerged as rapid prototyping techniques. These techniques  
44 are promising but generally of low resolution [21], time-consuming [22], or not biocompatibility for  
45 advanced cell assays [23].

46        In this work, we fabricated well-defined and elastomeric three-dimensional (3D) micro-lattices  
47 as scaffolds for neuron culture and neural network formation. Polydimethylsiloxane (PDMS), a  
48 widely used elastomer for casting and microfluidic device making, has been chosen because of its  
49 non-toxic and easy-processing properties [24-26]. In addition, the Young's module of PDMS is  
50 relatively low (0.4 - 4 MPa) and it can be regulated by changing the ratio between catalytic and basic  
51 components [27, 28]. Furthermore, the effective Young's module of the substrates made of PDMS  
52 micropillars or micro-tripods can be adjusted to match the tissue stiffness (e.g. <1KPa for brain slices)  
53 [29]. Besides, PDMS shows high optical transparency throughout the ultraviolet and visible  
54 wavelengths [30], which makes it an ideal material for 3D observation of cell behaviors in 3D  
55 scaffold in *in vitro*. The fabrication of 3D PDMS scaffolds by layer-by-layer construction has already  
56 been reported, showing the relevance of the scaffolds for culture studies [31]. Finally, it has been  
57 demonstrated that the micropatterned structures made of PDMS, pre-seeded with neurons, can be  
58 used to repair primary motor (M1) cortex lesion which induced a strong motor deficit [32]. Here, we  
59 fabricated lattice-type 3D PDMS structures using conventional photolithography and  
60 soft-lithography techniques. The conventional photolithography is used to produce 3D templates in a  
thick layer of resist by backside exposure with an UV light at defined incident angles. Soft  
lithography is used to cast PDMS into the resist templates, resulting in lattice-type PDMS features  
after the resist etching. The lattice parameters, i.e. thickness, indication angle and node-to-node space  
of the lattice units, are adjustable to produce symmetrical and asymmetrical 3D features. The PDMS  
replica with different geometry parameters are then used to culture NIH-3T3 cell line and primary  
hippocampal neuron cells of rats. The aim of this work is to fabricate a 3D cell culture platform for

applications in basic research and biomedical engineering. By using conventional lithography techniques, 3D PDMS micro-lattices of different geometry could be produced and our results showed improved survival and formation of neuron networks under optimal culture conditions, thus allowing us to envisage *in vitro* 3D brain models and to overcome the barriers to the central nervous system regeneration. The possibility to peel off the 3D structure of PDMS will further open a route for the applications of the device for *in vivo* studies.

## 2. Experimental methods

**Chemicals and materials:** AZ40XT photoresist and AZ developer 726MIF developer were purchased from MicroChemicals GmbH. Chrome photoplates coated with AZ1518 photoresist @ 5300 Å thickness were from Nanofilm Inc, USA. PDMS (RTV615 Kit) was from Momentive. Fibronectin (FN) was from Biopur AG. Dulbecco's minimum essential medium (DMEM), L-glutamine, penicillin/streptomycin (P/S), 0.05% Trypsin-EDTA, Dulbecco's modified phosphate-buffered saline (DPBS), PBS tablets, minimum essential medium (MEM), fetal bovine serum (FBS), gentamycin, goat anti mouse immunoglobulin (Ig) G1 Alexa Fluor® 488, goat anti-mouse IgG2a Alexa Fluor® 594, Fluo4-AM and Pluronic F-127 20% solution in DMSO were purchased from Life Technologies. Rhodamine B, fungizone, paraformaldehyde (PFA), Triton-X-100 (TX), bovine serum albumin (BSA), sodium azide, 4,6-diamidino-2-phenylindole (DAPI), Hoechst 33342, fluorescein isothiocyanate (FITC)-labelled Phalloidin, poly-L-ornithin, D-glucose, Hepes, apo-transferrin, insulin, D-biotin, vitamin B12, cytosine-β-D-arabinofuranoside (Ara-C), glial fibrillary acidic protein (GFAP) and Dimethyl sulfoxide (DMSO) anhydrous, were all purchased from Sigma-Aldrich, Matrigel was purchased from Corning, anti-β-tubulin III (TUBJ1) antibodies were purchased from Covance.

**Fabrication of 3D templates:** The photolithography process was described in **Fig. 1a**. A homemade rotating stage was fixed under collimated UV light with a 45 ° angle of inclination (**Fig. 1b**). A dot array was created on the positive photoresist on the chrome photoplate using a micro pattern generator (µPG 101, Heidelberg, Germany). After UV exposure, the plate was developed in photoresist developer. The photoresist of exposed dot area was dissolved and then the exposed chrome dot array was etched in chrome etchant. The rest photoresist was removed with acetone. Then, the chrome mask with antidot array is ready to use in the following 3D lattice mould fabrication. AZ40XT photoresist was spin-coated on the chrome mask at a speed

of 1800 rpm for 20 s to reach a thickness of approximately 40  $\mu\text{m}$ . After baking on a hot plate at 126  $^{\circ}\text{C}$  for 7 min, it was mounted on the rotation stage with the photoresist downward for backside UV exposure. Each exposure was performed for 90 s with a UV beam at 365 nm (9.2 mW/cm<sup>2</sup>). The stage was rotated after each exposure along the major axis of the mask surface to have an equal incident angle. After soft baking at 105  $^{\circ}\text{C}$  for 2 min, the resist was developed in AZ726MIF developer for 2 min and rinsed with deionized (DI) water, resulting in a 3D porous template as shown in the inserted SEM image of **Fig. 1c**.

**Pattern transfer:** A pre-polymer of PDMS mixture at 1:5 ratio was poured on the porous template and degassed in vacuum to remove the bubbles. After solidification at 80  $^{\circ}\text{C}$  for 2 h, the AZ resist was dissolved in acetone with ultrasonic (80 mW, 20 min). PDMS layer was then separated from the Cr mask, resulting in a 3D truss structures adhered to the bottom substrate (**Fig.1d**).

**SEM imaging:** The fabricated AZ templates, the PDMS replica and the PDMS replica with cells were sputter-coated (Quorum technologies Sputter K675XD) with 5 nm gold and observed under a scanning electron microscope (Hitachi S-800) operated at 10 kV,

**NIH-3T3 cell culture:** The 3D PDMS lattice was sterilized with autoclave at 120  $^{\circ}\text{C}$  for 30 min. After drying in an oven at 120  $^{\circ}\text{C}$  for 2 h, it was treated with plasma (Plasma Cleaner, Harrick) for 3 min and incubated in 50  $\mu\text{g}/\text{ml}$  fibronectin in DPBS at room temperature for 30 min. NIH-3T3 cells were prepared in a culture flask in 37  $^{\circ}\text{C}$  incubator with 5%  $\text{CO}_2$ . The culture medium is DMEM consisting 10% FBS, 1% L-glutamine, 0.1% P/S and 0.01% fungizone. After dissociation in a 0.05% Trypsin-EDTA solution and centrifugation, cells were seeded on the surface of PDMS lattice at a density of  $1 \times 10^4$  cells/cm<sup>2</sup>.

**Hippocampal neuron culture:** Hippocampal neurons from Wistar rats (P2-P3) were prepared in accordance with the guidelines of the Italian Animal Welfare Act, and their use was approved by the Local Veterinary Service, the SISSA Ethics Committee board and the National Ministry of Health (Permit Number: 630-III/14) in accordance with the European Union guidelines for animal care (d.1.116/92; 86/609/C.E.). The animals were anaesthetized with  $\text{CO}_2$  and sacrificed by decapitation, and all efforts were made to minimize suffering. The dissection procedure for the hippocampus isolation were done as suggested elsewhere [33] and then modified as described below.

All substrates (2D glass coverslips, 2D PDMS and 3D PDMS) were treated with air plasma-cleaner in order to facilitate cell adhesion and at the end sterilized with an UV lamp. Soon after the

substrates were coated with 50 µg/ml poly-L-ornithin overnight and coated with Matrigel just before cells seeding. Dissociated cells from isolated hippocampus were plated at a concentration of  $6 \times 10^5$  cells/ml on each substrate in Neural Medium (MEM with GlutaMAX<sup>TM</sup> supplemented with 10% FBS, 0.6% D-glucose, 15 mM Hepes, 0.1 mg/ml apo-transferrin, 30 µg/ml insulin, 0.1 µg/ml D-biotin, 1 µM vitamin B12, and 2.5 µg/ml gentamycin). After 48 hours, 2 µM Ara-C was added to the culture medium to block glial cell proliferation, and the concentration of FBS was decreased to 5%. Half of the medium was changed every 2–3 days. The neuronal cultures were maintained in an incubator at 37 °C, 5% CO<sub>2</sub> and 95% relative humidity.

**Confocal imaging of PDMS lattice and NIH-3T3 cells:** Before cell loading, the PDMS lattice was treated with plasma for 3 min and immersed in 100 mM Rhodamine B in DI water for overnight. NIH-3T3 cells were fixed in 4% PFA for 30 min and then permeabilized in PBS containing 0.5% TX for 30 min. After blocked in blocking buffer (0.1% TX, 3% BSA, 0.1% sodium azide in PBS) for 30 min again, cell skeleton and nuclei were stained with 5 µg/mL phalloidin-FITC and 300 nM DAPI in PBS for 30min, respectively. All the procedures were operated at room temperature and there were PBS rinsing three times between each solution change. The samples were imaged under the Carl Zeiss laser scanning microscopes LSM 710.

**Morphological and immunocytochemical analysis.** Cells were fixed in 4% paraformaldehyde containing 0.15% picric acid in PBS, saturated with 0.1 M glycine, permeabilized with 0.1% Triton X-100, saturated with 0.5% BSA in PBS and then incubated for 1 h with primary antibodies: mouse monoclonal GFAP, anti-β-tubulin III (TUJ1) antibodies. The secondary antibodies were goat anti mouse immunoglobulin (Ig) G1 Alexa Fluor® 488, goat anti-mouse IgG2a Alexa Fluor® 594, and the incubation time was 30 min. Nuclei were stained with 2 µg/ml in PBS Hoechst 33342 for 5 min. All the incubations were performed at room temperature (20–22 °C). The cells were examined using a Leica DM6000 fluorescent microscope equipped with DIC and fluorescence optics, CCD camera and Volocity 5.4 3D imaging software (PerkinElmer, Coventry, UK). The fluorescence images were collected with a 40X magnification and 0.5 NA objective. Image J by W. Rasband (developed at the U.S. National Institutes of Health and available at <http://rsbweb.nih.gov/ij/>) was used for image processing.

**Calcium Imaging.** The cells were incubated with 4 µM of the cell-permeable calcium dye Fluo4-AM, dissolved in DMSO anhydrous, and Pluronic F-127 20% solution in DMSO at a ratio of 1:1 in Neural Medium at 37 °C for 1 hour. After incubation, the cultures were washed for 30 min

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3 160 with Ringer's solution (145 mM NaCl, 3 mM KCl, 1.5 mM CaCl<sub>2</sub>, 1 mM MgCl<sub>2</sub>, 10 mM glucose  
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5 161 and 10 mM Hepes, pH 7.4) and then transferred to the stage of a Nikon Eclipse Ti-U inverted  
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7 162 microscope, an HBO 103 W/2 mercury short arc lamp (Osram, Munich, Germany), a mirror unit  
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9 163 (exciter filter BP 465–495 nm, dichroic 505 nm, emission filter BP 515–555) and an Electron  
10 164 Multiplier CCD Camera C9100-13 (Hamamatsu Photonics, Japan). The experiments were performed  
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12 165 at RT, and images were acquired using the NIS Element software (Nikon, Japan) with an S-Fluor  
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14 166 20x/0.75 NA objective at a sampling rate of 5 Hz with a spatial resolution of 256 × 256 pixels for 10–  
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16 167 20 min. To avoid saturation of the signals, excitation light intensity was attenuated by ND4 and ND8  
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20 169 **Statistical Analysis.** Data are shown as the mean ± s.e.m from at least three neuronal cultures. For  
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22 170 the morphological analysis of immunofluorescence images, n refers to the number of images  
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24 171 analysed. The number of replicates and statistical tests used for each experiment are mentioned in the  
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26 172 respective figure legends or in the Results and discussion section. Significance was set to \*p < 0.05,  
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30 174 **3. Results and discussion**  
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33 175 **3.1 Fabrication of PDMS micro-lattices**  
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36 176 Contact lithography is commonly used in research laboratories to replicate the 2D patterns by  
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38 177 UV exposing a photoresist layer spin coated on a substrate through a photomask in direct contact  
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40 178 with the resist. To reach the highest resolution and the best pattern stability, we spun coat a thick  
41 179 resist layer directly on the photomask and then performed the sequential steps with the same  
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43 180 substrate until the release of the PDMS replica (**Fig. 1a**). Since all steps are bench process and the  
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45 181 photomask can be used for many times, this fabrication technique remains straightforward and low  
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49 183 The SEM image of the PDMS replica in **Fig.1d** shows a 3D lattice feature with tetrahedral-type  
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51 184 unit-cell originated from the same aperture, defined by the antidote array on the 2D photomask and  
52 185 the three directional UV exposures. Since the symmetry, the porosity and the interconnectivity may  
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54 186 all affect the cell culture performance, we fabricated 3D lattices of PDMS with different geometry  
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56 187 parameters.  
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58 188 We firstly studied the pattern geometry by rotating 120° or 90° the sample stage after each  
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exposure, resulting in a tripod structure (**Fig. 2a**) or a four-fold symmetry (**Fig. 2b**). Asymmetric unit-cell can also be achieved by changing the rotation angle after each exposure. **Fig. 2c- 3e** show asymmetrical lattice structures by rotating the sample stage three times with angle of  $60^\circ$ - $60^\circ$ - $240^\circ$ ,  $90^\circ$ - $90^\circ$ - $180^\circ$ , and  $150^\circ$ - $150^\circ$ - $60^\circ$  respectively. We also evaluated the fabrication performance by changing the resist thickness and the incident angle of the UV light. **Fig. 3a1** and **a2** show the SEM images of the PDMS lattices obtained with initial resist layer thickness of  $40\text{ }\mu\text{m}$  and  $25\text{ }\mu\text{m}$ , respectively. **Fig. 3b1** and **b2** show the SEM images of the PDMS lattices obtained with an UV incident angle is  $60^\circ$  and  $45^\circ$  respectively. As can be seen, the resulted beam angle of the structure is around  $35^\circ$  and  $28^\circ$ , respectively, which are in agreement with the calculation based on Snell' law.

The geometry of the PDMS lattices is primarily determined by the antidot diameter and pitch size of the photomask. By varying the diameter and pitch size of the antidot but keeping the same lattice height ( $40\text{ }\mu\text{m}$ ), we produced 3D PDMS lattices of different geometry. As shown by the SEM images of **Fig. 4a** and **4b** (pitch size  $40\text{ }\mu\text{m}$ , diameter  $20\text{ }\mu\text{m}$  and  $15\text{ }\mu\text{m}$ ) and **Fig. 4c** and **4d** (pitch size  $80\text{ }\mu\text{m}$ , diameter  $20\text{ }\mu\text{m}$  and  $15\text{ }\mu\text{m}$ ), the bigger the diameter, the smaller the node-to-node space. If the pore size is too large, the resulted features look more like 3D pillars (**Fig. 4e**). **Figure 5** shows the PDMS features obtained with triangle arrays of antidots with  $4\text{ }\mu\text{m}$  diameter and three different pitch sizes:  $15\text{ }\mu\text{m}$  (**Fig. 5a1** and **a2**),  $18\text{ }\mu\text{m}$  (**Fig. 5b1** and **b2**) and  $24\text{ }\mu\text{m}$  (**Fig. 5c1** and **c2**), respectively. For larger pitch sizes, the lattice feature collapses due to insufficient mechanical strength, as showed in **Fig. 5d**. By changing gradually the lattice spacing in the same mask, we could achieve a 3D gradient lattice as showed in **Fig. 5e**. Finally, the fabricated PDMS structures could be peeled off (**Fig. S1**), making it possible to be used for other purposes such as microfluidic integration.

### 3.2 Biocompatibility test with NIH-3T3 cell line

We choose  $40\text{ }\mu\text{m}$ -height and three-fold symmetric PDMS lattices with  $6\text{ }\mu\text{m}$  diameter and  $28\text{ }\mu\text{m}$  pitch size (**Fig. 6a**) for cell culture test. Before sterilization, we stained the PDMS lattice with Rhodamine (red) for easy structure observation under laser confocal microscopy. Then, we seeded NIH-3T3 cells on the lattice surface and cultured them for 2 days. Thanks to the optical transparency of PDMS, we clearly observed adhesion and extension of actin filaments along the 3D lattice surface under confocal microscopy (**Fig. 6b** and **6c**). Here, actin filaments and nuclei were respectively stained by FITC (green) and DAPI (blue). From **Fig. 6h-j**, we also observed the actin filaments crossed the free space of the 3D lattice features, which should be more tissue-like for *in vitro* studies.

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3 220 The 3D embedment of cell nuclei (**Fig. 6d**) and cell cytoskeleton (**Fig. 6e and 6f**) in the 3D  
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5 221 micro-lattice of PDMS both provide the evidence of natural cuboidal cell geometry, not like often  
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7 222 observed flatten feature in conventional 2D cultures. However, the shape of the nuclei could be  
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9 223 deformed by reducing the pitch size of the lattice and this deformation is inversely proportional to  
10 224 the spacing between the lattice features (**Fig. 6g**). Previously, it has been shown that both stem cell  
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12 225 proliferation and differentiation were correlated to the cell shape [34, 35]. The PDMS lattices with  
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14 226 defined geometry could be potentially applied in stem cell research.

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16 227 **3.3 Culture of primary hippocampal neurons**

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19 228 Primary hippocampal neurons are commonly used to study 3D network formation on substrates  
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21 229 made by different materials [7, 36]. Here, we used hippocampal neurons from rats to co-culture  
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23 230 neurons and astrocytes and show the possibility of a 3D neuronal network formation with the help of  
24 231 a PDMS lattice of 15  $\mu\text{m}$  diameter, 80  $\mu\text{m}$  pitch size and  $\sim 40 \mu\text{m}$  heights (**Fig. 6**). Cells were  
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26 232 homogeneously distributed on the structure (**Fig. 7a**) and were able to form an interconnected and  
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28 233 mature network after 8 days *in vitro* (DIV) (**Fig. 7b**). From the SEM images both glia cells (**Fig. 6c**)  
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30 234 and neurons (**Fig. 7d**) showed a three-dimensional morphology characterized by rounder cell body  
31 235 and neurites projected in all the directions. Glia cells show a flat but ramified morphology whereas  
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33 236 neurons have thinner processes (**Fig. 7e**) that, once contacted the surface either of other cells or of  
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35 237 the PDMS, highly ramify. These details show a good interaction between cells and material that is  
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37 238 extremely important in tissue engineering. Moreover, slight bending of the pillars can be observed  
38 239 (**Fig. 7a and 7b**) due to the cell interaction with the PDMS features. In turn, the cell adhesion forces  
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40 240 might be determined [37, 38].

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42 241 Immunostaining for neuronal and astrocytes markers, TUJ-1 and GFAP respectively (**Fig. 8**),  
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44 242 confirmed the observation made from the SEM images. Compared to the standard glass (**SI Fig. S2**)  
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46 243 and to the flat 2D PDMS substrates (**Fig. 8a**), on the 3D PDMS substrates (**Fig. 8b**), we can observe  
47 244 a complex morphological ramification of both neurons and astrocytes. Besides, we found a higher  
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49 245 cell population density ( $215 \text{ cell/mm}^2$ ,  $220 \text{ cell/mm}^2$  and  $544 \text{ cell/mm}^2$  respectively) on the 3D  
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51 246 PDMS lattice, due to the three-dimensionality of the substrates which offer more surfaces for cell  
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53 247 adhesion. The increase of the cell density in 3D lattices can also be attributed to improved cellular  
54 248 microenvironment, in consistent with the previous finding for rat primary hippocampal and cortical  
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56 249 cultures in PDMS micro channels [39, 40]. On 3D PDMS 51% cells are neurons and 31% are  
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58 250 astrocytes, the remained part is not identified cells (e.g. microglia), while only 33.3 % and 40.3 % of

cells are neurons on the Glass and 2D-PDMS respectively.

Clearly, the neuron density in 3D environment is significant higher than that 2D culture but the difference in astrocyte density is less remarkable between 3D and 2D cultures (Glass: 33.3% of neurons, 59.3% of astrocytes; 2D PDMS: 40.3% of neurons, 58.1% of astrocytes) (**Fig 8c**). The calcium activity recordings of growing neurons on 3D PDMS lattice (**Fig. 8d**) show that they are healthy and alive and that the proposed method is reliable for further studies and applications. In particular, this method offers a new platform to reconstruct 3D *in vitro* neuronal network with ramified and *in vivo*-like morphology, thanks to more appropriate topographical cues and elastic properties of the substrate, compared to the bare glass and the flat 2D PDMS. Therefore, we can assess that the 3D-PDMS lattices improve the survival and growth of the neurons and support the neural network formation and maturation. Consequently, improved drug screening and electrophysiological experiments can be expected. Finally, due to the fact that the PDMS lattices can be peeled off from the substrate (**Supp. Fig.2**), it would be interesting to use them in tissue engineering and transplantation assays [32].

#### 4. Conclusion

Here we report a fabrication process of PDMS micro-lattices using backside photolithography at different incident angles and soft lithography for 3D casting. The fabricated 3D lattices were used to evaluate cell culture performance using NIH-3T3 cell line and primary hippocampal neurons of rats. Homogenous cell infiltration and 3D attachment were observed using different optical techniques. Increased cell number and neuron percentage as well as improved cell ramification were found comparing to the 2D culture showing the great potential of the proposed culture system. Since the geometry and the interconnectivity of the PDMS lattice could be precisely tuned, more systematic studies can be developed. The proposed fabrication process is straightforward and simple, which can probably be applied to a number of *in vitro* and *in vivo* studies.

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## Figure caption

**Figure 1** Fabrication of the PDMS 3D lattice. (a) The fabrication process flow; (b) Backside UV exposure at incident angles; (c) SEM top view of the fabricated AZ40XT 3D template and; (d) SEM side view of the replicated PDMS 3D lattices. The diameter of antidots on Cr mask is 4  $\mu\text{m}$  diameter and the period is 18  $\mu\text{m}$ . Scale bar is 10  $\mu\text{m}$ .

**Figure 2** SEM images of symmetrical and asymmetrical PDMS 3D lattices. (a) 3-fold symmetry; (b) 4-fold symmetry; Asymmetry with three side vertex angles: (c)  $60^\circ$ - $60^\circ$ - $240^\circ$ ; (d)  $90^\circ$ - $90^\circ$ - $180^\circ$ ; (e)  $150^\circ$ - $150^\circ$ - $60^\circ$ . Scale bar is 10  $\mu\text{m}$ .

**Figure 3** SEM images of PDMS 3D lattices obtained with initial resist layer thickness of 40  $\mu\text{m}$  (a1) and 25  $\mu\text{m}$  (a2) and member incident angles of  $35^\circ$  (b1) and  $28^\circ$  (b2), respectively. Scale bar is 10  $\mu\text{m}$ .

**Figure 4** SEM images of PDMS 3D lattices with different diameter resulted from different pore size. (a) 20  $\mu\text{m}$  diameter, 40  $\mu\text{m}$  pitch size; (b) 15  $\mu\text{m}$  diameter, 40  $\mu\text{m}$  pitch size; (c) 20  $\mu\text{m}$  diameter, 80  $\mu\text{m}$  pitch size; (d) 15  $\mu\text{m}$  diameter, 80  $\mu\text{m}$  pitch size (e) 30  $\mu\text{m}$  diameter, 80  $\mu\text{m}$  pitch size. Scale bar: 100  $\mu\text{m}$ .

**Figure 5** SEM images of PDMS 3D lattices with 4  $\mu\text{m}$  diameter but different pitch sizes: (a) 15  $\mu\text{m}$ ; (b) 18  $\mu\text{m}$ ; (c) 24  $\mu\text{m}$ ; (d) 28  $\mu\text{m}$ . (e) pitch size changing from 12.5  $\mu\text{m}$  to 18.5  $\mu\text{m}$ . (a1), (b1), (c1), (d) and (e) are top view images. (a2), (b2) and (c2) are side view images. Scale bar is 10  $\mu\text{m}$ .

**Figure 6** NIH-3T3 cells in PDMS 3D lattices after culture for 2 days. (a) 3D view of a confocal Z-stack of PDMS lattice of 6  $\mu\text{m}$  diameter, 28  $\mu\text{m}$  pitch size and 40  $\mu\text{m}$  height. (b) 3D view of a confocal Z-stack of cell actin filaments adhered on the lattice surface. (c) Merged image of (a) and (b). (d) 3D view of a confocal Z-stack of cell nuclei trapped in the PDMS lattice of (a). (e) Enlarged image of (d) but rotated in 3D space to clearly show the cell nuclei 3D distribution in the PDMS lattice. (f) Nuclei shape of the cells in (e). (g) Z-slice of cells in the PDMS lattice of 4  $\mu\text{m}$  diameter, 14  $\mu\text{m}$  pitch size and 40  $\mu\text{m}$  height. (h) Z-slice of cells in the PDMS lattice of (a). (i)(j) SEM images of actin filaments crossing the free space of the PDMS lattice.

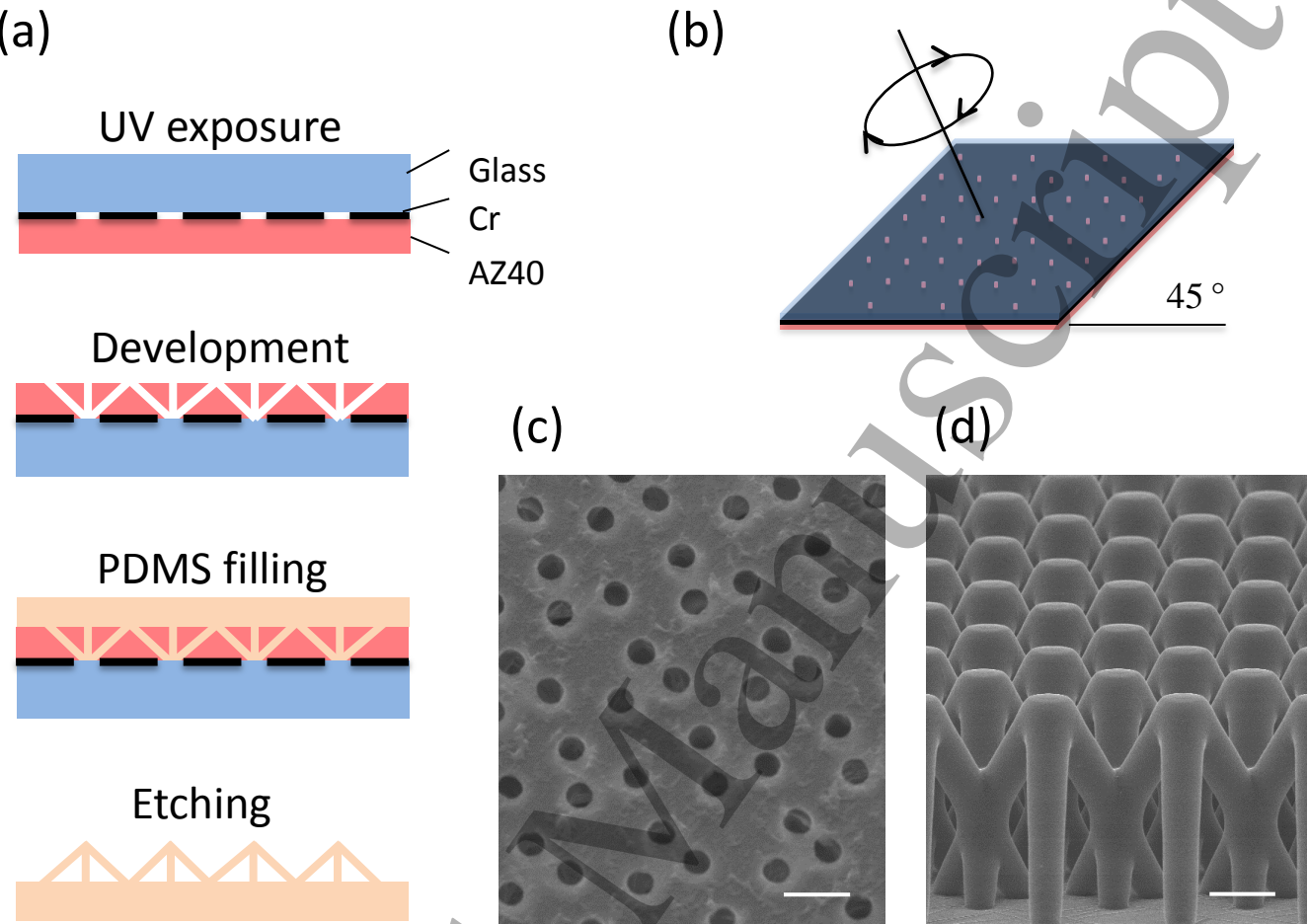
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**Figure 7** Primary hippocampal neuron culture in PDMS 3D lattices: (a-b) SEM images hippocampal co-culture after 8 DIV. (c-f) Enlarged view of the SEM images showing glia cell (g) and neuron (n) as well as the dendritic arborization and neural attachment on the PDMS surface (e,f).

**Figure 8** Morphological differences among 2D (a) and 3D (b) PDMS substrates. One way ANOVA assuming normal distribution was performed to determine whether there was a significant differences between the glass (n=4), 2D-PDMS (n=3), 3D-PDMS (n=4) with respect to the number of neurons and astrocytes (c) for mm<sup>2</sup> after 8 DIV. (2D-PDMS vs 3D-PDMS p<0,001; Glass vs 3D-PDMS p<0,001). Example traces of calcium activity from neurons growth on 3D PDMS lattice (d).

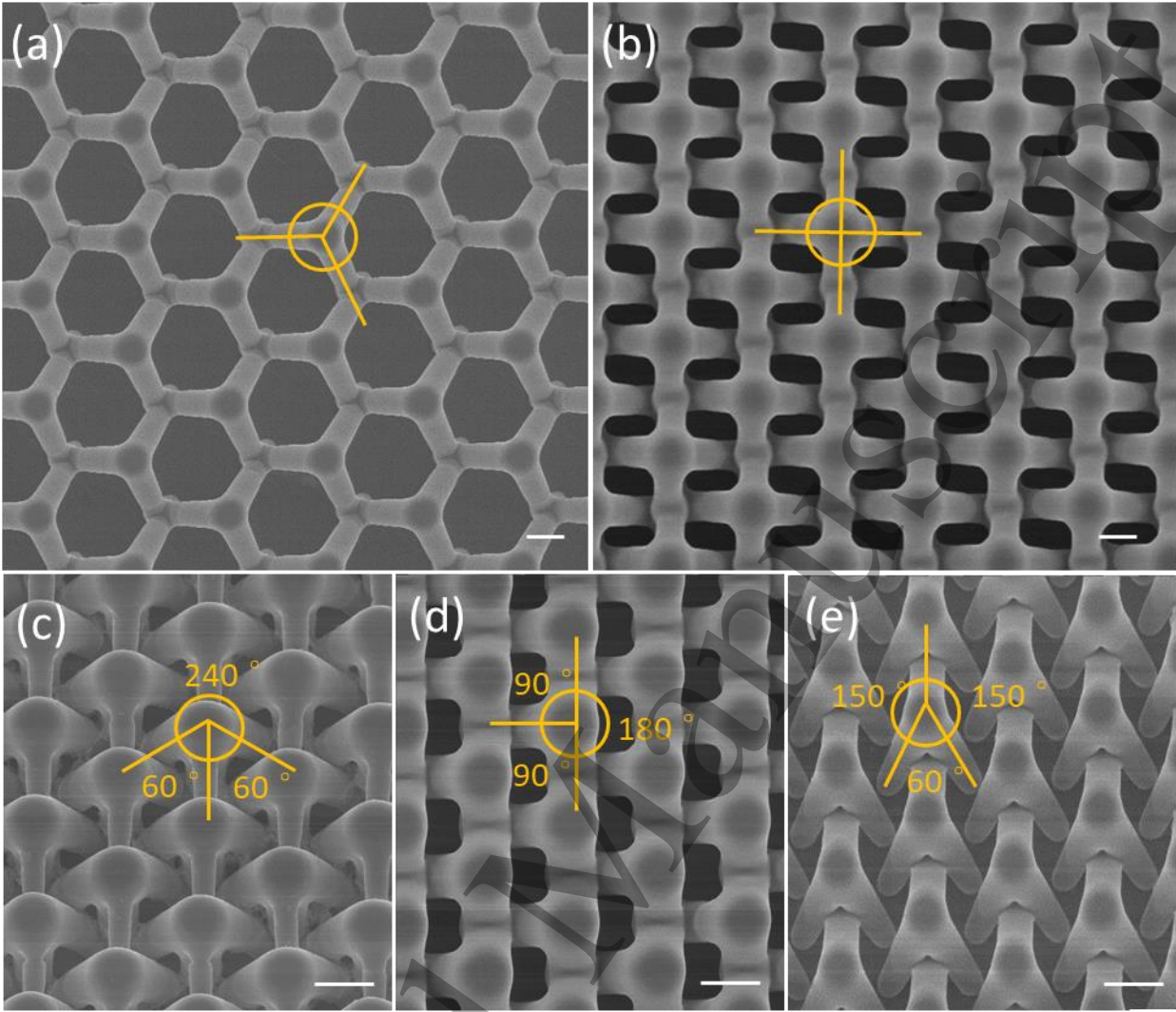


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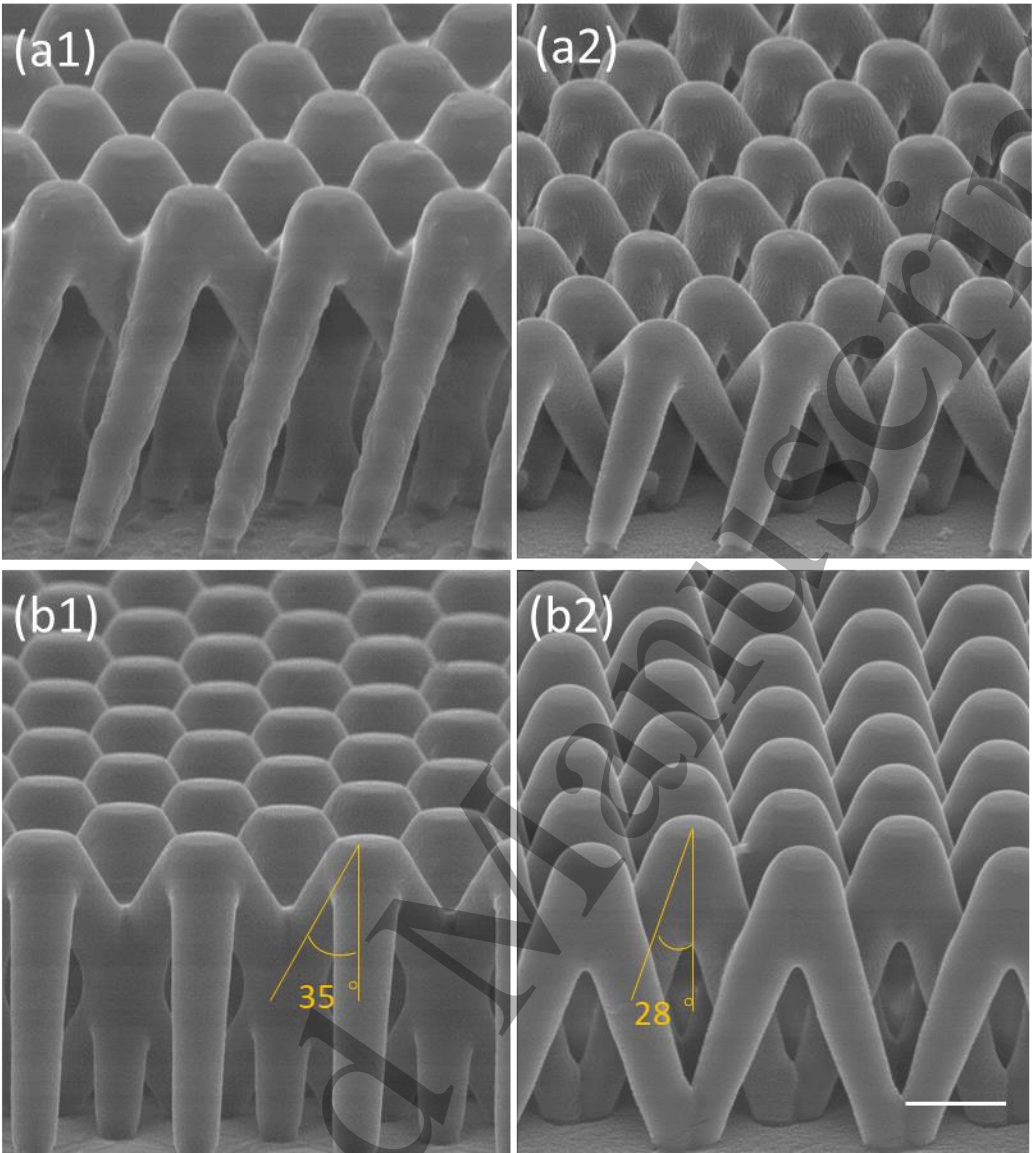
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Figure 2



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Figure 4

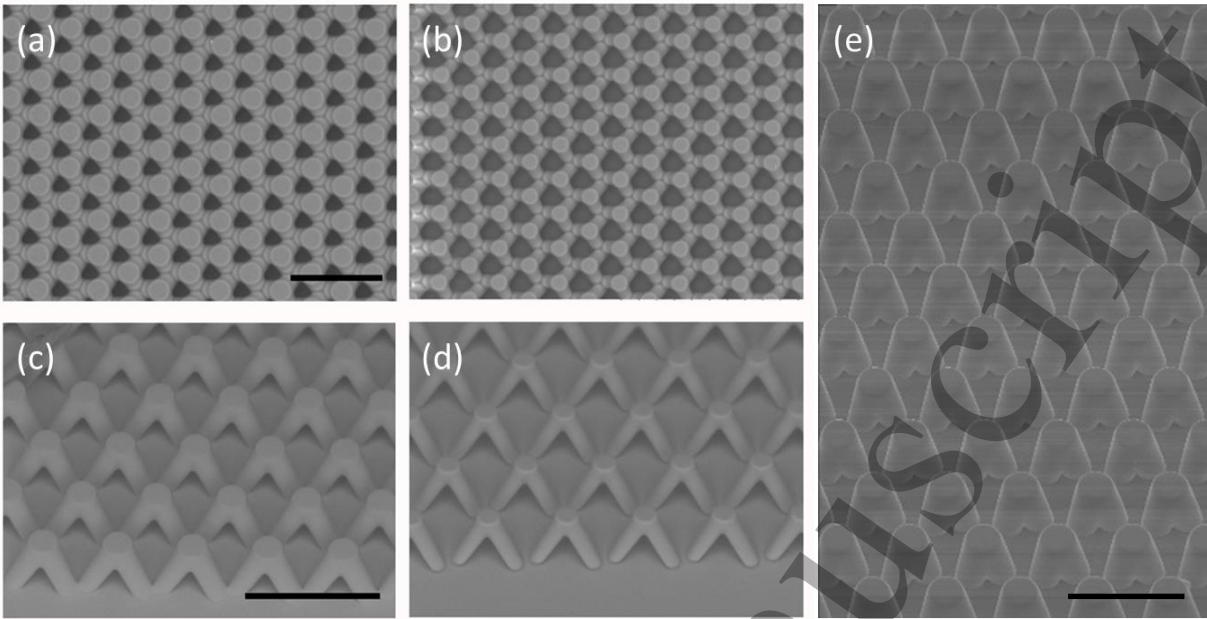
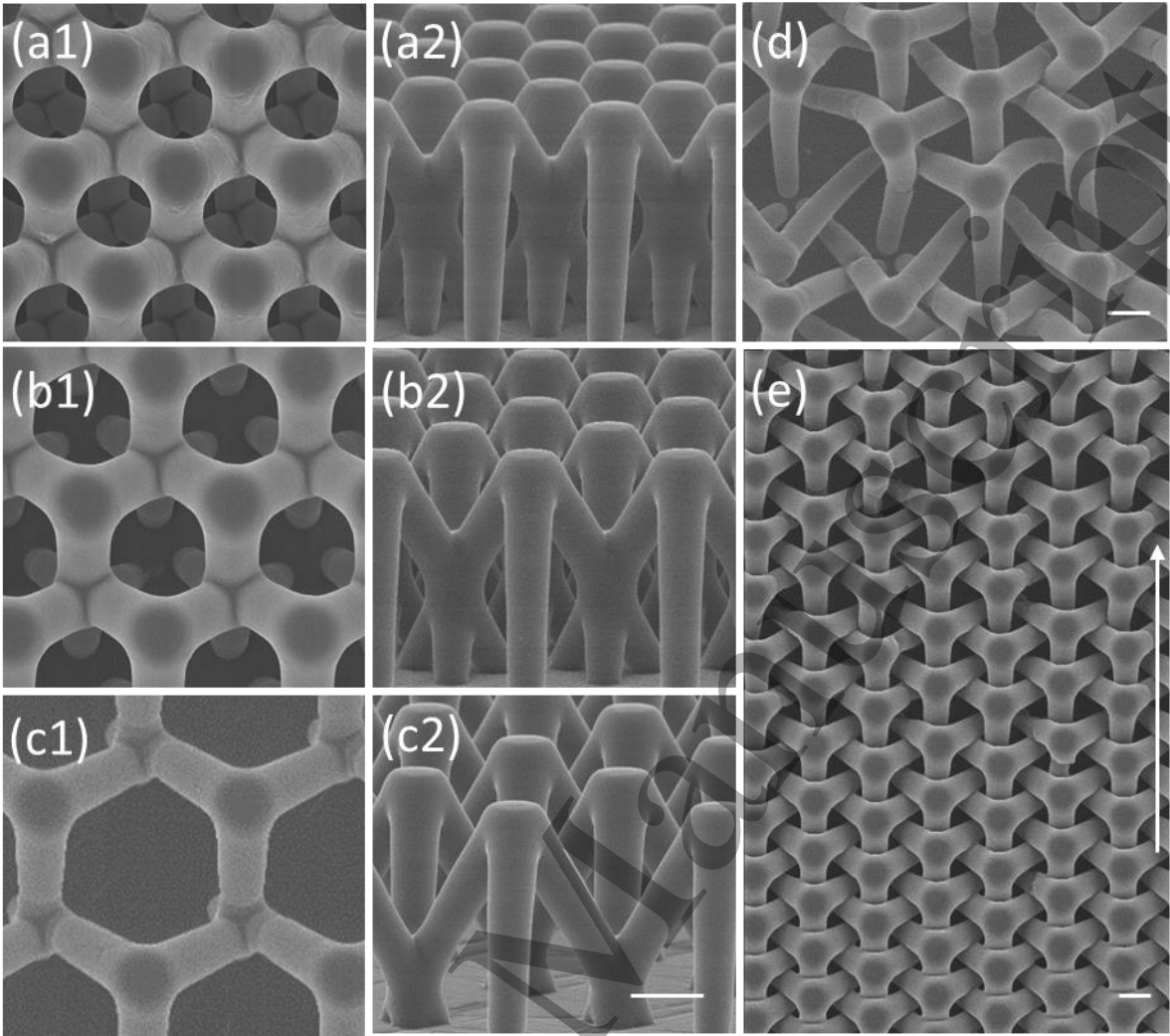


Figure 5





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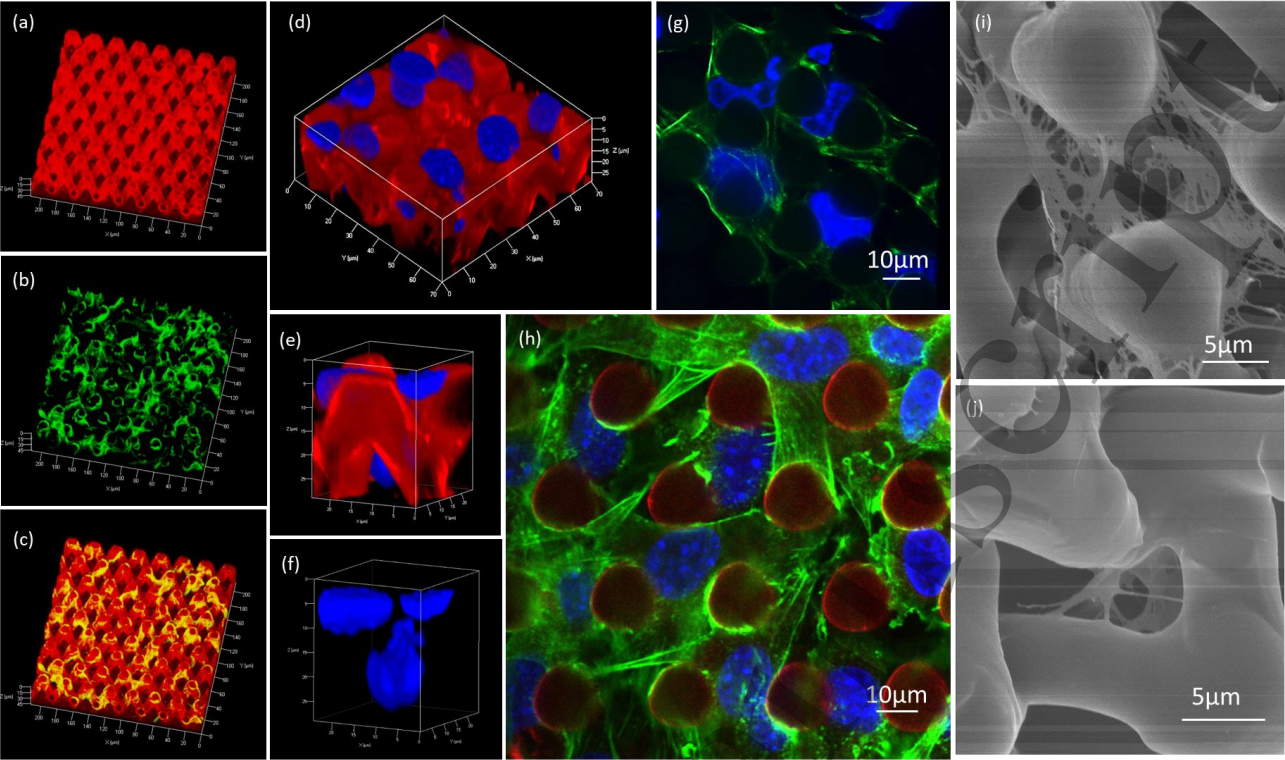
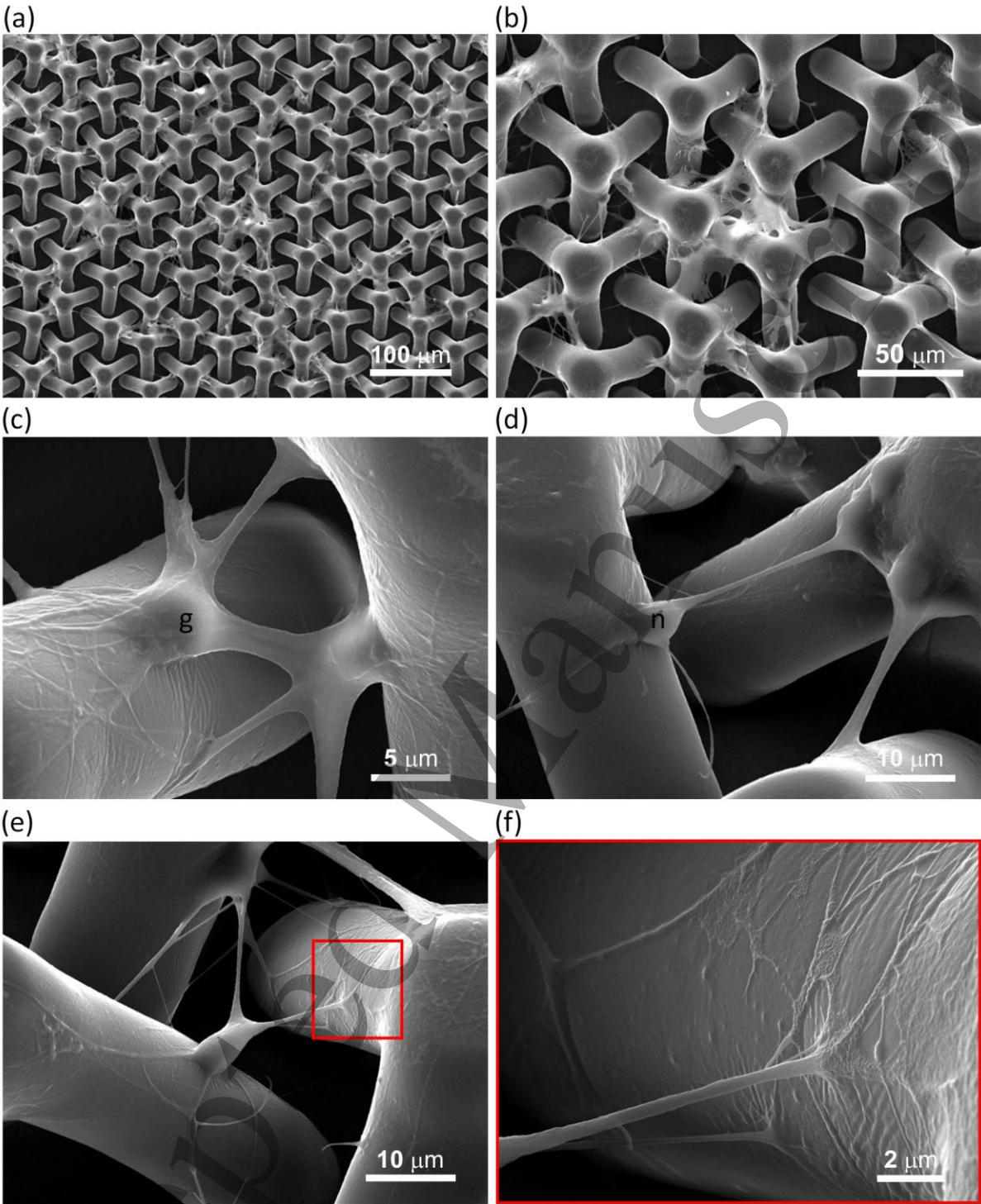


Figure 7



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Figure 8

